

Gillespie Creek Journal

Sunflowers, energetic and prolific are one of the wonders of our Beautiful Blue Planet, like the plant, legend reminds us that the sun provides the fuel needed to make us beautiful and useful, sun up to sun down... to be the strongest, tallest and brightest bloom in the field!"

Sunflowers
**“What if you finally saw
That the Sunflowers,
Turning toward the sun
All day and every day—
Who knows how, but
They do it—were
More precious, more
Meaningful than gold?”**
Mary Oliver

In addition to providing shade, Sunflowers are great companion plants. They invite pollinators and encourage growth of these 12 garden plants:

- * Lettuce
- * Summer Squash
- * Cucumbers
- * Nasturtiums
- * Impatients
- * Onions and Garlic
- * Peppers
- * Corn
- * Marigolds
- * Basil
- * Vine Tomatoes
- * Peas

Sunflowers represent “A Long Life and Lasting Happiness”



Sunflowers, 1889, Van Gogh Museum,

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Photo by JA
8/8/23



Photo by JA
8/17/23
Sunflower Seeds Forming
After 9 Days of Bloom



Sunflowers, 1887, by Vincent van Gogh, Metropolitan Museum of Art, NYC, public domain

Ah Sunflower

*“Ah Sunflower, weary of time,
Who countest the steps of the sun;
Seeking after that sweet golden clime
Where the traveller’s journey is done;*

*Where the Youth pined away with
desire,
And the pale virgin shrouded in snow,
Arise from their graves, and aspire
Where my Sunflower wishes to go!”*

William Blake
1794