## Gillespie Creek Journal



**Turks Cap Buds of** Flowering BeeBalm



A Single, Now **Endangered Monarch Butterfly** 

**Spiral Glide** By Mary Lee Hahn

Watching a hawk soar in a thermal I become him, Not flapping my wings just leaning, thinning, riding A dot lost in the midday haze



Common Loon **Celebrating Life in the Boundary Waters** Photo by Michelle Gregg



Munch Bunch Boy Goats Taking a Break a **Buckthorn Breakfast** 



Water Lily or Lotus?

Recovered from BA-5 compliments of COVID, this beautiful Loon is expressing the joy of simply living. Just like me. Best us! Find the natural beauty in your neighborhood this week.

## Stop!

It isn't necessary to walk. Find a shady spot, Lie down in the grass. Take time to feel the pulse of the earth. Feel its cool softness. Look up, Flash back to childhood days. Watch the kaleidoscope above. Dream, dream, dream!



A Single Milkweed Plant in Progressive Bloom



White Chick Tucked **Under Mom's Wings**